

HEALTH AND SAFETY POLICY STATEMENT: June 2021 June 2022

Ringwood Canoe Club is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern.

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of club activities. Appendix B, Poole risk assessments/Rescue training risk assessment and those attached to club trip planning sheets.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members
- Provide access to telephone (mobiles to be carried in waterproof pouches), adequate first aid facilities and competent first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- If you become aware of any issues of concern regarding club safety you must report them to the club Health and Safety Officer.
- Be honest about your abilities /experience in discussions with Trip Leaders

- Follow instructions from Trip Leaders regarding safety and environmental issues.
- Correctly use any equipment provided by the club and use it within your level of competency.
- Not interfere with or misuse anything provided for your health, safety or welfare.
- **Read the Club's Standard operating procedures.**
- **Read the club's risk assessments below so that you can understand and follow the club's health and safety policy.**
- Safety at Mundeford
- Generic risk assessment -Appendix A of Safety Management Plan

CLUB HEALTH AND SAFETY OFFICER:

Dr Cindy Buckley

**FIRST AID: Trip leaders to ensure first aid kit carried on club events
mobiles to be carried in waterproof pouches**

Competent FIRST AIDERS: 1. .Dr. Cindy Buckley...

2. Dr Sue Jordan