

## **HEALTH AND SAFETY POLICY STATEMENT: August 2021**

**Ringwood Canoe Club** is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern.

### **HEALTH AND SAFETY POLICY:**

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of club activities.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members (Club Standard Operating Procedures)
- Provide access to telephone (mobiles to be carried in waterproof pouches), adequate first aid facilities and competent first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

### **AS A CLUB MEMBER YOU HAVE A DUTY TO:**

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Report any issues in which you feel club safety could be improved
- Be honest about your abilities /experience in discussions with Trip Leaders
- Declare any relevant medical problems to the Trip Leader

- Voice concern to the trip leader if you feel unwell or ill at ease on a paddle. They need to be aware of this at the time to be able to help. Not only because your personal safety is highly important but as it could affect the safety of the group.
- Correctly use any equipment provided by the club and use it within your level of competency.
- Not interfere with or misuse anything provided for your health, safety or welfare.
- **Read the Club's Standard Operating Procedures.**
- **Read the club's risk assessments below so that you can understand and follow the club's health and safety policy on the Club Policy Portal.**
- 1-Safety at Mundeford
- 2-Risk assessment ( -from Appendix A of RCC Safety Management Plan)
- 3- Pool Risk assessment

**CLUB HEALTH AND SAFETY OFFICER:**

Dr Cindy Buckley. [chair@ringwoodcanoe.co.uk](mailto:chair@ringwoodcanoe.co.uk)

**FIRST AID: Trip leaders to ensure first aid kit carried on club events  
mobiles to be carried in waterproof pouches**

**Competent FIRST AIDERS: 1. Dr Cindy Buckley**

**2. Dr Sue Jordan**