

RCC_Rescue training risk assessments

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Prepared by Cindy Buckley 26/6/22

Assessor's Name:		Review Date:	
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Description of Assessment:	Rescue training
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Location Details:	
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What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Head injury during capsize	members	Participants briefed to check distance from bank / other craft and depth of water before capsize. Consider wearing helmets if appropriate to the type of rescue being demonstrated/ practised				
Cuts and abrasions particularly to hands and feet	members	Participants briefed to avoid trapping fingers between craft when performing rescues. All participants wear appropriate footwear.				
Strained / damaged muscles	members	All craft to be fitted with appropriate buoyancy. Good practice to be emphasised throughout rescues with emphasis on using technique rather than strength. Assistance to be sought from other				

		participants where appropriate eg in rescuing swamped boats				
Entrapment / risk of drowning	members	All participants wear a buoyancy aid Instruction in capsize procedures for new members Check nothing in boat /shoes likely to snag/trap Check footrest positions in kayak Check new members can swim				
Entanglement in ropes / tapes	members	Participants instructed in good practice when using ropes and tapes e.g. towing from one shoulder only and need to keep the inside of the craft / working area clear. Participants briefed to carry a knife when working with ropes and tapes.				
Pollution / Water-borne infection	members	Ensure the site is appropriate and clear of obvious hazards such as blue-green algae. Participants to be briefed on signs and symptoms of Leptospirosis / Weil's Disease and steps to avoid (covering open cuts, washing hands before eating, showering after session).				
Hypothermia / hyperthermia	members	Joining instructions include need to be dressed appropriately				

		and to have spare clothing, including hats and sunscreen, and bring warm / cold drinks according to forecast weather conditions.				
Other water users	Members and third party	Select quiet areas for rescue practice and be aware of other craft moving into working areas. Participants to be briefed to alert leader and other participants if they become aware of potential hazards first				

Office use only (to be completed by a risk assessment checker if selected for sampling)

Checked by:	Position :	Date :	
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